

The Pider

5570 Sterrett Place, Suite 102 - Columbia, MD 21044

410-884-7433



OVERVIEW:

SPRING 2022

- A Successful Bingo 2022
- NEW Ride Rate Schedule
- Scheduling Rides
- COVID Precautions
- Declutter Like You're Moving
- Meet the Staff
- Thank You to Our Donors

A FANTASTIC COMMUNITY EVENT!

Bingo 2022 was a huge success. Over 175 attendees, including volunteers, clients, and friends, enjoyed a wonderful evening; and Neighbor Ride raised nearly \$14,000!! Special THANKS to our sponsors, as well as to the many local businesses listed below that donated amazing prizes and other items for the event.

Arbor Terrace – Fulton
Baltimore Center Stage
Baltimore Orioles
Chris Marcinek Photography
The Charmery
The Cheesecake Factory
Clark's Ace Hardware
Columbia Association
DoodleHATCH
Fairway Hills Golf Club
Famous Dave's Bar-B-Que
Giant Food
Harris Teeter
Iron Bridge Wine Company
Live! Casino & Hotel

Lutheran Village at MILLER'S GRANT MOD Pizza
Movement Columbia
National Aquarium
Nordstrom – The Mall in Columbia
Olney Theatre Center
Panera Bread
Parkinson's Foundation
The Pearl Spa
Royal Farms
Stress Free Solutions
Washington Nationals Baseball
Washington Spirit
Wegmans
Willow Springs Golf Course

Winter Growth Memory Care

The Rider is Neighbor Ride's quarterly newsletter, dedicated to the amazing older adults we serve. Be sure to reach out to us at community@neighborride.org to let us know what you would like to see in future issues.

Sponsorship opportunities are also available.

www.neighborride.org

Important Update

Ride Rate Schedule

After four years and a thorough review, our rates will be adjusted effective July 1, 2022. As always, fees are determined by the one-way distance, per Google Maps, between the pick-up location and destination. If you are a Veteran or your income is limited, you may be eligible for ride subsidies. Please call the Neighbor Ride office for more information or to request an application.

New Rates - Effective July 1, 2022

One-Way Mileage	Roundtrip Fee
Under 1 mile	\$10.00
1 - 4.99 miles	\$12.00
5 - 9.99 miles	\$18.00
10 - 14.99 miles	\$24.00
15 - 19.99 miles	\$30.00
20 - 35 miles	\$36.00

Requesting Rides (Allow 3 business days when you schedule a ride.)

Call 410-884-7433 or	Request Day	First Available Ride Day
visit portal.neighborride.org	Monday	Friday
and click on Request a Ride	Tuesday	Saturday
	Wednesday	Sunday or Monday
OFFICE HOURS:	Thursday	Tuesday
Monday-Friday 9 a.m 2 p.m.	Friday	Wednesday
Saturday 10 a.m 1 p.m.	Saturday	Thursday

COVID-19 Precaution Reminders

Neighbor Ride recommends that all drivers and clients continue to wear masks, regardless of vaccination status. Please also cancel your ride if you are experiencing any symptoms the day of your ride. Second booster shots are readily available locally. If you need help obtaining an appointment for a booster shot, please call the office.



DECLUTTER LIKE YOU'RE MOVING

The warmer temperatures are here, and that means it's time for some spring cleaning! While the task can seem daunting, taking the time to declutter and organize your home offers several benefits that make it well-worth the effort.

- **1. Improved Safety:** Whether it's excess furniture or items stacked everywhere, clutter makes it difficult to navigate hallways and rooms and significantly increases your risk of falls.
- 2. Reduced Stress: Have you ever spent hours searching for something, only to find it buried in an overcrowded closet or drawer? Do you find yourself furiously rushing around to straighten up for guests? Living with clutter can lead to undue anxiety and embarrassment.



3. Healthier Environment: More stuff means more surfaces on which dust and allergens can collect – decreasing the overall air quality in your home.

4. A Chance to Help Others:

"One man's trash is another man's treasure." The coat that no longer fits or the blender you haven't used in years might be just what another person needs. Think of the joy you can spread by giving unneeded items away!



GETTING STARTED

- 1. Establish a Sorting System: As you go through the items in your home, you'll need to decide what you want to Put Away, Recycle, Throw Away, Fix or Mend (and then Put Away), or Donate. Establish a temporary holding space for the latter two categories and have receptacles handy for recycling and trash.
- 2. Schedule a Donation Pick-Up: Having a deadline makes it easier to commit to a task. In our area, GreenDrop provides pick-ups of donations benefiting the Purple Heart Service Foundation, the National Federation of the Blind, and the American Red Cross. Visit www.gogreendrop.com or call 888-944-3767 for info.
- 3. Get into Your Brutally Honest Mindset: Think about your belongings as if you were moving. Consider each item and ask yourself: Does it bring you joy? Do you use it enough to justify the space it takes up? Would you buy it again? If you answer yes to any of these questions, the item is a keeper. If not, out it goes.

4. Remember, Less is More:

Whether it's linens or clothing, take a moment to contemplate what you really need. If you only have two beds in your home, do you really need 16 sets of sheets? If you rarely venture outside when it is cold, do you need an entire chest filled with woolen hats and gloves? Getting rid of the excess items will immediately create so much beautiful extra space.

5. Start Small: Success is energizing. Do a quick runthrough all your rooms and get rid of little things like old magazines, expired food or toiletries, takeout containers, and other items that are not laden with sentimental value. In the space of just an hour or two, your home is already starting to feel less cluttered!

6. Move on to the Bigger Stuff:

Focusing on just one room at a time, start going through each closet, cabinet, and drawer in your home. The bathroom can easily be decluttered in an afternoon. Break larger rooms like your kitchen or bedroom into smaller chunks – perhaps cleaning out the pantry or your closet one day and tackling drawers on another.

And just like that, your apartment or house looks market ready and feels like the dream home you fell in love with when you first settled in. Now it's time to sit back and enjoy your newly decluttered happy space!



lo Rickard, Realtor (410) 707-6101

OBWFA Volunteer Notes

Meet the Neighbor Ride Staff

Ever wonder about who is behind-the-scenes supporting our incredible volunteers? As Executive Director, Bruce Fulton oversees all organizational operations, from staff supervision to financial matters and technology. Colleen Konstanzer,

Community Outreach Director, coordinates marketing and outreach efforts, manages solicitations, and develops grant submissions. Our Ride Program Director, Patrice Cerwonka, manages day-to-day operations and plays an essential role in our technology development and partnerships. Our newest staff member, Ride Program Manager, Andrew Burkowske, assists in the recruitment, training, and management of our volunteers and helps oversee call center operations.





Bruce Fulton

Colleen Konstanzer





Patrice Cerwonka

Andrew Burkowske

Join Us In Thanking Our Grantors and Corporate Donors

Visionary (\$5,000 and above)

Apple Ford
Baltimore Washington Financial Advisors
Howard County General Hospital
- Johns Hopkins Medicine

Benefactor (\$2,500 to \$4,999)

Howard County Office on Aging & Independence

Patron (\$1,000 to \$2,499)

APL Federal Credit Union
Bethel Korean Presbyterian Church
Bob Lucido Team of Keller Williams Lucido Agency
Harry H. Witzke's Family Funeral Home
Hillmuth Auto Care
The Hutt Company, LLC
Community Action Council of Howard County
Greatest Moves Team of RE/MAX Advantage Realty
Right at Home

Partner (\$500 to \$999)

Coalition of Geriatric Services (COGS)
Commercial Insurance Managers
Katkow Dentistry, LLC
Kimberly Musser State Farm Insurance
Residences at Vantage Point
Vertical Connection Carpet One
Winter Growth Memory Care & Adult Day Program

Friend (\$150 to \$499)

Allan Homes Unlimited, Inc. Arbor Terrace – Fulton Stress Free Solutions

Donor (under \$150)

Giant Food James Ferry Photography National Football League Warren Letzsch Consulting, Inc.

Grant Funders

Community Foundation of Howard County
Community Foundation of Howard County
Ed and Fern Hamel Family Foundation
Howard County Community Service
Partnership
iTN America – Rides in Sight
MD MTA Senior Rides
National Lutheran Communities & Services
Schulte Family Fund
TowerCares Foundation
Trudel Family Fund

Lillian Bauder via the Bauder Fund at the

